

HERTFORDSHIRE INDOOR CHAMPIONSHIPS										
LEE VALLEY				MARCH 9 2008						
SENIOR MEN										
60m FINAL		T67			LONG JUMP			F2		
1	302	Adam Daish	E&H	7.08	1	306	David Stephens	HorshamBS	4.93	NJ; 4.93; NJ; NJ
2	301	Mark Collins	Luton	7.13						
3	304	Paul Lamont	HertsP	7.38						
4	306	David Stephens	HorshamBS	7.78						
5	303	Oliver Keates	HertsP	8.02						
200m		T32			TRIPLE JUMP			F10		
1	304	Paul Lamont	HertsP	23.43	1	306	David Stephens	HorshamBS	10.95	10.95; nj;nj;nj;
2	342	Stuart Brill	StAlb	23.56						
400m		T21			SHOT			F3		
1	342	Stuart Brill	St Alb	52.75						
2	303	Oliver Keates	HertsP	53.96	1	355	David Lipscombe	Serp	8.70	8.66; 8.60; 8.70; 8.51
					2	368	Tim Saunders-Mullins	Wat	8.43	8.41; 8.06; 7.87; 8.43
800m		T9								
1	362	Daniel Poulton	SNH	1:58.89						
2	370	Adam Searle	SNH	2:00.84						
3	347	Daniel Esmond	D&T	2:03.67						
1500m		T78								
1	362	Daniel Poulton	SNH	4.12.78						
2	357	Marcus McKechnie	SNH	4.29.67						
3	361	Ebrima Noble	Serp.	4.38.10						

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UNDER 20 MEN									
60m		T48			LONG JUMP		F2		
1	309	Luke Crabb	C&C	7.3 (m)	1	376	Ian Tobin	HertsP	6.27 NJ; 6.01; 5.93; 6.27
2	313	Zac Saucedo	E&H	7.4 (m)	2	372	Ian Simpson	D&T	6.24 NJ; 5.88; 6.24; NJ
3	310	Ryan Gow	Herts P	7.4(m)		429	James Ozanne	Poole R Guest	NDR NJ;NJ;NJ;NJ;
4	308	Stephen Barnard	E&H	7.5 (m)					
5	311	Kenny Howard	HertsP	12.7 (m)	TRIPLE JUMP		F10		
					1	372	Ian Simson	D&T	NDR nj;nj;nj;nj;
200m		T34			SHOT		F3		
1	311	Kenny Howard	HertsP	23.10	1	364	Ashley Ralph	StAlb	13.77 12.44; 13.77; 12.59; NT
2	376	Ian Tobin	HertsP	23.36					
3	310	Ryan Gow	HertsP	23.37					
4	369	Josh Saydaouten	HertsP	24.34					
5	343	Mark Christou	E&H	24.90					
400m		T18							
1	380	Cameron Webb	SNH	51.59					
2	369	Josh Saydraouton	HertsP	51.71					
3	366	Aaron Reynolds	SNH	53.39					
4	381	Alec Wing	HertsP	54.26					
5	343	Mark Cristou	E&H	56.34					
6	365	Mark Reed	HertsP	60.13					
800m		T11							
1	344	Shaun Collins	E&H	2.01.27					
2	379	Louis Walshe	HertsP	2.06.69					
3	373	Ben Smith	Bar&D	2.27.30					
1500m		T77							
1	356	Callum McKechnie	SNH	4.34.18					
60mH		T1							
1	313	Zac Saucedo	E&H	8.40					
2	308	Stephen Barnard	E&H	8.63					

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UNDER 17 MEN								
		60m	T46					
1	314	Kwasi Adomakoh	Wat	7.55				
2	315	Tan Chowdhury	SNH	7.98				
		200m	T30					
1	345	Luke Daniel	E&H	24.80				
		400m	T22					
1	353	Lewis Keeble	SNH	55.97				
2	345	Luke Daniel	E&H	57.20				
		800m	T13					
1	350	Joe Gaynor	HertsP	2.08.70				
		1500m	T77					
1	339	Khalid Al-Abaidy	St Alb	4.42.90				
		POLE VAULT	F6					
1	382	Connor Winters	SNH	2.90	2.60O; 2.70O; 2.80XO; 2.90O; 3.00XXX			
		TRIPLE JUMP	F10					
1	315	Tan Chowdhury	SNH	10.74	nj; 10.63; 9.68; 10.74			
2	382	Connor Winters	SNH	10.71	10.68; 10.55; 10.26; 10.71			

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UNDER 15 BOYS													
60M FINAL		T70		Heat 1			T50						
1	331	Robert Gaylor	SBH	7.37	1	331	Robert Gaylor	SBH	7.44	Q			
2	328	Jake Awe	StAlb	7.80	2	333	Billy Vernon-Hamilton	SNH	7.99	Q			
3	333	Billy Vernon-Hamilton	SNH	8.01	3	334	Liam Vooght	SNH	8.09	q			
4	334	Liam Vooght	SNH	8.09	4	330	Peter De'Ath	SNH	8.49	q			
5	329	Tom Church	StAlb	8.27	Heat 2			T50					
6	330	Peter De'Ath	SNH	8.60	1	328	Jake Awe	StAlb	7.97	Q			
					2	329	Tom Church	StAlb	8.39	Q			
					3	332	Frankie Smith	StAlb	8.70				
200m		T38		HIGH JUMP			F12						
1	333	Billy Vernon-Hamilton	SNH	25.74	1	348	Christian Gaddes	StAlb	1.60	1.40o; 1.450; 1.50o 1.55xx0; 1.60o; 1.65xxx			
2	334	Liam Vooght	SNH	26.32	2	374	Paul Spicer	SNH	1.50	1.40o; 1.450; 1.50o. 1.55xxx			
3	329	Tom Church	StAlb	26.71	3	330	Peter De'Ath	SNH	1.35	1.15o; 1.20o; 1.25o; 1.30o; 1.35xx0; 1.40xxx			
4	330	Peter De'Ath	SNH	27.13	POLE VAULT			F6					
1	377	Simon Wake	HertsP	54.72	1	349	Daniel Gardner	SNH	3.20	2.80o; 2.90o; 3.00o; 3.10xo; 3.20xxo; 3.30xxx			
2	378	Andrew Walshe	HertsP	54.85	LONG JUMP			F5					
800m		T16		1	331	Robert Gaylor	SBH	6.23	NJ; 6.23; NJ; NJ;				
1	340	Marc Bonito	D&T	2.18.83	2	328	Jake Awe	StAlb	5.16	5.00; 4.84; 1.75; 5.16;			
					3	333	Billy Vernon-Hamilton	SNH	5.00	4.26; 4.73; 4.61; 5.00			
1500m		T75		TRIPLE JUMP			F13						
1	371	Edward Shepherd	HertsP	4.36.69	1	349	Daniel Gardner	SNH	10.67	10.67; 10.43; 10.31; 10.44			
2	374	Paul Spicer	SNH	5.10.88	SHOT			F3					
1	348	Christian Gaddes	StAlb	9.65	1	354	Chris Line	D&T	10.93	10.93; 10.13; 10.68; 9.35			
					2	377	Simon Wake	HertsP	9.79	9.04; 9.69; 9.79; 9.42			
					3	348	Christian Gaddes	ESM	9.02	8.87; 9.02; 8.31; -;			

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SENIOR WOMEN								
	400m		T23					
1	418	Christina Silva	HertsP	58.56				
2	419	Nikki Silva	HertsP	59.08				
	800m		T14					
	398	Jasmine Forde	SNH	2.22.49				
	60mH		T3					
1	396	Natalie Farman	HertsP	9.75				
	POLE VAULT		F1					
1	417	Louise Shortland	SNH	3.50	3.40xo; 3.50xxo; 3.60xxx			
2	392	Maxine Clarke	WSEH	3.10	2.60o; 2.80o; 3.00o; 3.10o; 3.20xxx			
	LONG JUMP		F7					
1	396	Natalie Farman	HertsP	5.04	4.80; nj; 5.04; nj;			
	SHOT		F4					
1	404	Laura Jones	HertsP	10.30	9.83; 10.30; nt; 9.75			
2	415	Joylyn Saunders-Mullin	SNH	9.06	9.02; 9.06; 8.55; 8.49;			

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UNDER 20 WOMEN									
	60m		T55						
1	321	Stephanie Gaynor	HertsP	8.08					
2	319	Meghan Chapple	StAlb	8.50					
3	320	Molly Cutler	StAlb	8.62					
4	318	Alice Bushell	StAlb	8.64					
	400m		T24						
1	423	Laura Wake	HertsP	58.51					
2	319	Meghan Chapple	StAlb	62.62					
	1500M		T76						
1	411	Sophie Proffitt	SBH	5.02.77					
	HIGH JUMP		F8						
1	400	Sarah Hawkins	D&T	1.56	1.40o; 1.45xo; 1.50o; 1.53o; 1.56xo; 1.59xxx				
	LONG JUMP		F9						
1	395	Danielle Currie	HertsP	4.83	4.83; 4.80; 4.78; nj				
2	318	Alice Bushell	StAlb	4.45	4.31; 4.45; 4.11; nj				
	TRIPLE JUMP		F13						
1	395	Danielle Currie	HertsP	10.47	10.47; NJ;NJ; 10.22				
	SHOT		F4						
1	414	Charlotte Rose	E&H	10.81	9.98; 10.69; 10.81; 10.30				

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UNDER 17 WOMEN										
	60m		T52							
1	324	Claire Humphries	HertsP	8.02		LONG JUMP		F9		
2	322	Charlotte Cullen	HertsP	8.12		1	391	Katie Caulfield	HertsP	5.52 5.51; 5.24; 2.60; 5.46;
3	323	Abigail Holman	StAlb	8.49		2	326	Siobhan Meikle	Wat	4.98 4.90; NJ; NJ; 4.98;
4	326	Siobhan Meikle	Wat	8.49	DEAD	3	416	Bethan Scanes	SNH	4.61 4.54; 4.61; 4.50; 4.54;
4	327	Aislinn Rance	E&H	8.49	HEAT	4	323	Abigail Holman	StAlb	4.52 3.12; 4.49; 4.44; 4.52;
6	325	Alice Marshall	StAlb	8.67		5	427	Dedorah Willis	HertsP	4.17 4.06; 4.17; 3.78; 4.15;
	200m		T39			6	327	Aislinn Rance	E&H	4.05 3.88; 4.02; 4.03; 4.05;
1	323	Abigail Holman	StAlb	27.17						
2	388	Stephanie Barnes	E&H	28.51		TRIPLE JUMP		F13		
3	402	Emma Hughes	E&H	29.17						
		427	Deborah Willis	HertsP	DNS	1	410	Charley Nightingale	SNH	10.11 10.11; 9.87; 10.05; 9.93;
						2	416	Bethan Scanes	SNH	9.94 9.30; 9.66; 9.91; 9.94
	400m		T26			3	327	Aislinn Rance	E&H	8.90 7.04; 7.78; 8.17; 8.90;
1	427	Dedorah Willis	HertsP	60.68						
2	407	Hannah Lloyd	HertsP	61.47		SHOT		F4		
3	325	Alice Marshall	StAlb	63.50		1	422	Chloe Vernon-Hamilton	SNH	7.61 NT; 6.56 NT; 7.61
4	401	Rebecca Hore	HertsP	66.02						
	60mH FINAL		T17							
1	324	Claire Humphries	HertsP	9.11						
2	407	Hannah LLoyd	HertsP	9.51						
3	422	Chloe Vernon-Hamilton	SNH	9.87						
4	401	Rebecca Hore	HertsP	9.88						

